



July 24th to July 30th 2016 Summer High Adventure Trip



Sunday July 24th

Meet at Prince of Peace and drive to New Hampshire. Set up camp at Lafayette Campground (car camping), go into Franklin, NH for dinner, possibly shuttle cars.

Monday July 25th (Day 1 on map)

Drive to trailhead, start hiking at Franconia State Park. Hike 3.9 miles up the Flume Slide Trail to the summit of **Mt. Flume (4328')**. The Flume Slide Trail is a scenic trail that ascends a rock slide towards the summit. For those interested, **Mt. Liberty (4459')** is an optional 3.0 mile round trip to the north via Franconia Ridge Trail. Both Liberty and Flume provide fantastic views of the western Whites. From Mt. Flume, the route descends 4.1 miles to the East Branch Pemigewasset River and follows it north for 1.2 miles to the Franconia Brook Tentsite, where we will set up camp for the night.

Tuesday July 26th (Day 2 on map)

Leave Franconia Brook Tentsite and head north on Franconia Brook Trail for 1.7 miles. Anyone interested in summiting **Owl's Head Mountain (4025')** will follow the Lincoln Brook Trail to the west of the mountain for 3.4 miles before summiting via Owl's Head Path. After summiting, we will return to the Lincoln Brook trail and head north to Twin Brook Trail. Those not interested in summiting Owl's Head will continue along the very flat Franconia Brook Trail for 3.5 miles on an old railroad bed until Twin Brook Trail. Both routes have several stream crossings where water can be filtered. Both groups will then climb Twin Brook Trail, gaining approximately 1800' over 2.6 miles to end at AMC Galehead Hut where a bunk and a hot meal will greet us. **Galehead Mountain (4024')** will be a short 0.4 mile hike from the hut.

Wednesday July 27th (Day 3 on map)

Day three will be the longest and most challenging day. Fortunately a hot breakfast will be provided by the hut and there will be no tents to pack up either. Immediately after breakfast, we will start our hike 0.8 miles to summit **South Twin Mountain (4902')** and continue on the Appalachian Trail for 2.0 miles to the Bondcliff Trail. We will follow this trail for rest of the day summiting **Mt. Bond (4698')** and **Bondcliff (4265')**. **West Bond (4540')** is also an option that adds 1 mile round trip towards the beginning of the hike. This day offers some of the best views in the White Mountains as we hike through the Bonds. After summiting Bondcliff, the hike descends to the East Branch Pemigewasset River set up camp at wilderness campgrounds.

Thursday July 28th (Day 4 on map)

This day will be a easy 4.4 miles along the Wilderness Trail to Stillwater Junction where we will camp at another wilderness campground for the night. There is plenty of water along the trail and at the camp. **Mt Carrigain (4700')** is a 3.8 mile round Trip from Stillwater Junction. Mt Carrigain has a fire tower on top providing a 360 degree view of the Pemigewasset wilderness.

Friday July 29th (Day 5 on map)

We will start from Stillwater Junction hike out to Crawford Notch Shoai Pond Trail and Eathan Pond Trail. We will eat at the Highland Center and shower at the Dry River Campground where we will also stay for the night.

Saturday July 30th

Wake up at Dry River Campground and drive back to Prince of Peace.

