



# Backpacking Gear List

## Column D



B	C	D
Items	Cat	Hike
Sleeping bag, 20 degree or better (put in garbage bag then in stuff sack to keep dry)	gear	X
Sleeping pad in plastic bag (camp pillow optional)	gear	X
Flashlight (headlamp recommended)	gear	X
Batteries	gear	X
Matches	gear	X
Compass (if available)	gear	X
Personal First Aid kit	gear	X
Duct tape "small piece not roll"	gear	X
Pocket knife	gear	X
Whistle (No scout permitted on trail without a whistle)	gear	X
Garbage bag or pack cover	gear	X
Camp Chair	gear	
Day Pack	gear	
Duffle bag	gear	
Fleece Blanket	gear	
Backpack	gear	X
Toilet paper and small plastic shovel (only a half roll TP)	personal	X
Toothbrush/toothpaste	personal	X
Scout Handbook	personal	X
Permission slip with any medication being taken	personal	X
Full Mess Kit (labeled, plastic is better for weight and warmth)	personal	
Limited Mess Kit spoon, bowl, cup (labeled, plastic is better for weight and warmth)	personal	X
Rain gear (pants and jacket, no poncho!)	clothes	X
2 T-shirts	clothes	X
One pair of pants (try not to wear cotton, no jeans)	clothes	X
Hiking boots (will not be allowed to come if wearing sneakers)	clothes	X
Socks (3 pairs)	clothes	X
Long underwear	clothes	X
One pair of underwear/pajamas	clothes	X
Gloves	clothes	X
Hat	clothes	X
Fleece (Jacket if weather forecast is cold.)	clothes	X
Friday Night Dressed in Class A Uniform for Travel to Camp Site	clothes	
Balaclava, 2 Hats, Snow Pants, Light Glove - Mitten Combo (can remove mittens, work in light gloves)	clothes	
Two nalgens full of water	food	X
Bag dinner for Friday night	food	X
Saturday Lunch (sometimes required ask Patrol Leader, a wrap works well)	food	X
Trail mix (about one quart cereal, nuts, M&M's....)	food	X
Hot chocolate four packs	food	X
Energy bars (Cliff bars or granola, not too many, these are very heavy for calories they supply)	food	X
Soup packets (if you want)	food	X
Two breakfasts (instant oatmeal is best, only can heat water)	food	X
Dinner (freeze-dried from EMS make sure you only have to add water)	food	X
Trailer / Tents / Water Jugs / Patrol Boxes	equip	
Cooler packed with meals / Charcoal (scout assigned shopping for patrol)	equip	
Tents	equip	X
Water filter	equip	X
Stove	equip	X
Fuel bottle	equip	X
Pots (medium size)	equip	X
Ladles	equip	X